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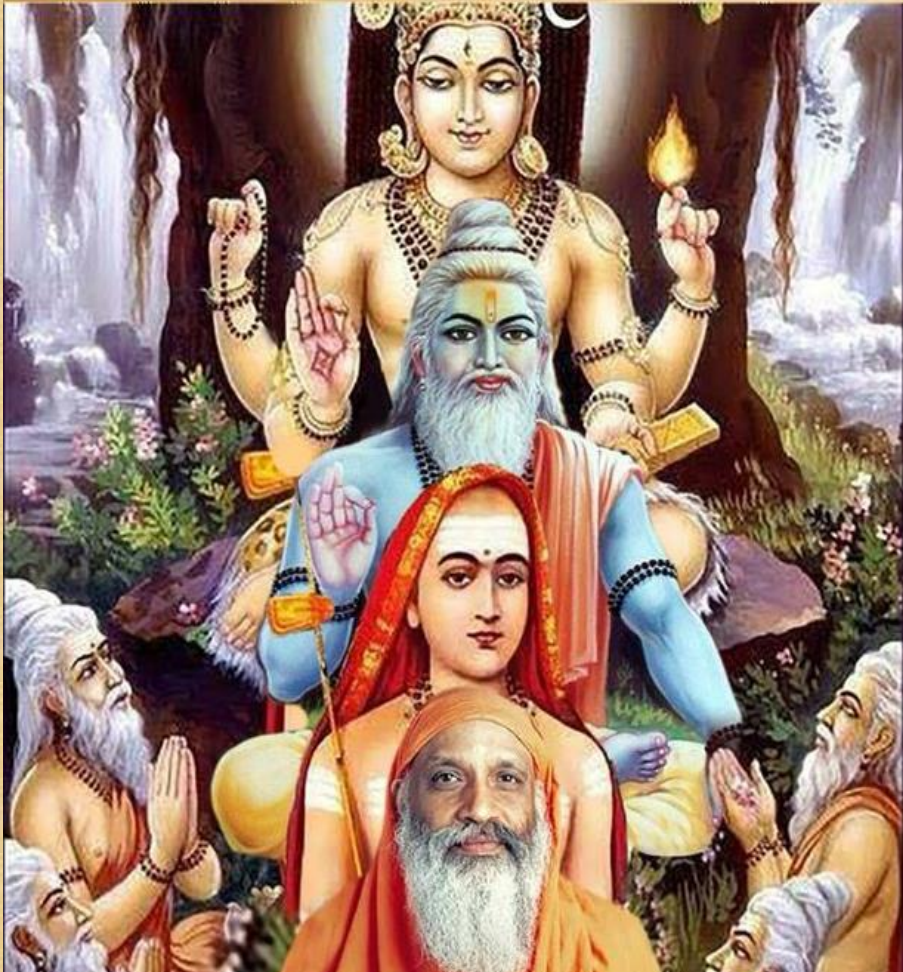
सदाशिवसमारम्भां शङ्कराचार्यमध्यमाम् ।
अस्मदाचार्यपर्यन्तां वन्दे गुरुपरम्पराम् ॥



I salute the lineage of teachers,
beginning with the ever auspicious Lord Shiva
(linked-by) Adi Shankaracharya in the middle
and extending up to my own teacher.



Aarsha Vidya Foundation



Mission and Objectives

- ❁ Teach and share the knowledge of Vedanta, Bhagavad Gita and Upanishads inherited from Rishis and other traditional masters leading to a fulfilling life
- ❁ Enable and assist the psychological and spiritual growth of individuals for holistic living and integrated development based on the wisdom of Vedanta
- ❁ Promote various disciplines (sadhanas) like Meditation, Yoga, Tai Chi and mind-body work for spiritual awakening

Taught in keeping with the tradition of Adi Shankaracharya and carried forward by Pujya Swami Dayananda Saraswati

Swami Brahmavidananda Saraswati

(Founder Trustee of Aarsha Vidya Foundation)



Swamiji is a traditional **and contemporary teacher of Vedanta and a founder of Aarsha Vidya Foundation** based in Mumbai

- ❁ Teaching in Mumbai for **over 35 years**, Swamiji has impacted the lives of innumerable **students** in India and abroad.
- ❁ He has helped create teachers of Vedanta
- ❁ **A corporate trainer and a life coach** to many youngsters and professionals
- ❁ Spent seven years leading a life of austerity at Rishikesh and **studied the Prasthanatrayi (Gita, Upanishads and Brahmasutras)** and other advanced texts.
- ❁ In his formative years as a student, he was in Sandeepany and was **inspired by Swami Chinmayanandaji**
- ❁ He is the **Founder of Vedic Wisdom Festival** – a global annual virtual festival that brings together traditional teachers & great masters who **share the vision of ‘Vedic wisdom for a complete life’**
- ❁ He shares his wisdom at different fora including **the World Yoga Festival, UK & Indica Moksha**
- ❁ An **active practitioner of martial arts** (Karate, Shaolin tradition of martial arts and Tai Chi Chuan),.

Swamini Brahmajprajnananda Saraswati, Ph.D.

(Trustee of Aarsha Vidya Foundation)



Swaminiji is a **direct student** of Pujya Swami Dayananda Saraswati and Swami Brahmanidananda Saraswati. She has dedicated her life to teaching Advaita Vedanta

- ❁ She conducts intensive and **immersive Vedanta retreats** in different parts of India and abroad and offers **both online and offline courses and classes (Mumbai)**
- ❁ A **former psychologist**, Swaminiji's teaching style seamlessly flows from the breadth of self-mastery to the depth of self-discovery
- ❁ Her various offerings include a weekly podcast – **Vedanta – The River of Wisdom**, production of insightful videos and **SHINE** - a programme on the **spiritual heritage of India for children**
- ❁ She is **the author of 'You matter – Insights from Vedanta'** and **Co-Founder of the Vedic Wisdom Festival**
- ❁ She has studied Vedanta, Sanskrit and Vedic chanting at Arsha Vidya Gurukulam in a **residential, intensive three-year course** in Coimbatore and Rishikesh
- ❁ Swaminiji teaches about Dharma and Meditation at the Hindu University of America, online and speaks at different fora including the **World Yoga Festival, UK, Indica Moksha etc.**
- ❁ Her last leadership role was as the **Country Head (India) of an international organisation** which positively impacted the lives of 150,000 street children

Aarsha Vidya Ashram :

Carrying forward the Advaita Vedanta Parampara



- ❁ We want to set up a **Ashram – a center for learning Advaita Vedanta in the outskirts of Mumbai.**
- ❁ Taught by **sampradaayavit teachers** (belonging to an authentic guru-shishya lineage), who are **shrotriyas** (studied the main texts with a guru for a length of time) and have **brahmanishtha** (abiding in the knowledge of the self).
- ❁ Offering a regular **3-year intensive, residential course for adult students** who can over time become teachers to carry the forward the tradition.
- ❁ Course teaching **Sanskrit – the world’s oldest, most systematic & versatile language.**
- ❁ Ensure this transformative wisdom remains accessible to seekers for generations through **camps and retreats of 4-7 days** to help people to learn, meditate and other sadhanas.
- ❁ Other courses on spiritual practices (sadhanas) like **Meditation, Japa, Chanting, Yoga.**

Preserving Sanatana Dharma



- Aarsha Vidya Ashram will be **one of the few Ashrams in the world which will teach Advaita Vedanta in the traditional way from the lineage of Adi Shankaracharya** and carried forward by Pujya Swami Dayananda Saraswati



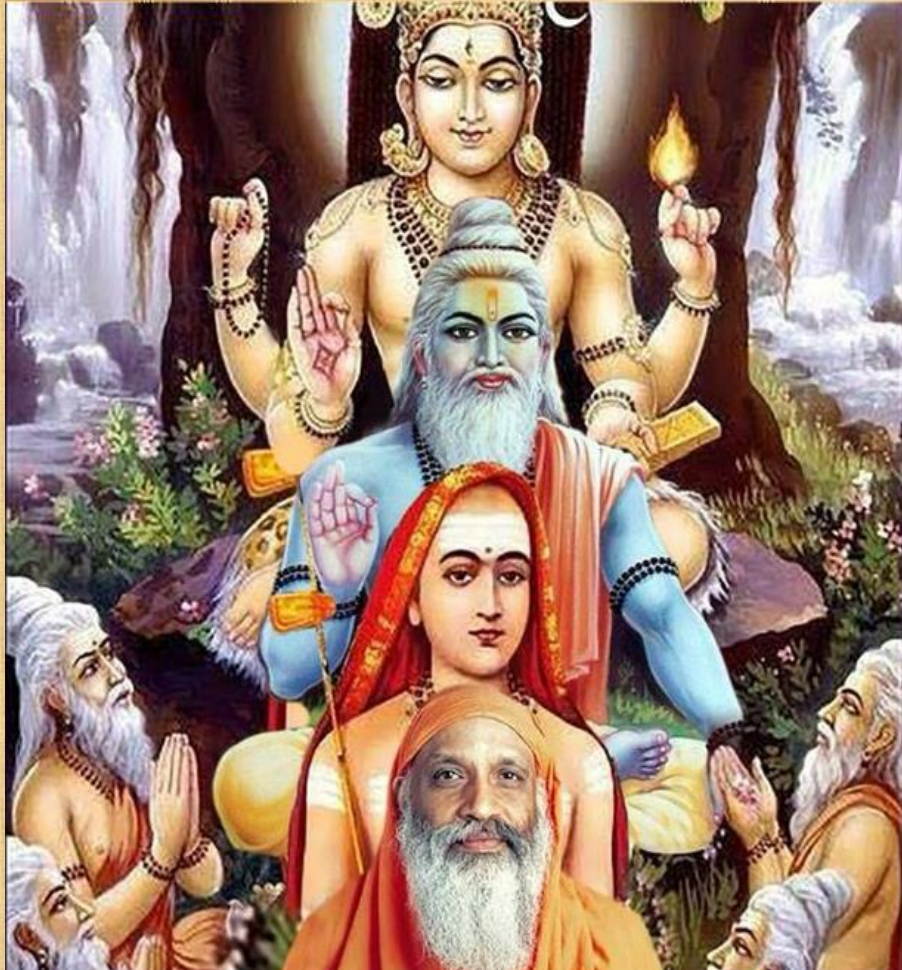
- Vedanta, the highest teachings of Hinduism will be **preserved as a live tradition for our future generations**. By doing this we honor and preserve the rich spiritual heritage and culture of India



- Ensure this transformative wisdom is available to all **through camps, retreats, workshops and short-term intensive courses**



- An Ashram provides **the right atmosphere, ambience and environment for the study of Vedanta**, in a language that is familiar to the city dweller ie. English



Aarsha Vidya Ashram Construction Update

July 2026

RESULT OF AREA CALCULATION	RESULT OF AREA IN SQ.FT
DECK PLATE	5725 SQ.FT
BASTIA DAWG	5725 SQ.FT
ANNAPURNA KISHORA	3861 SQ.FT
REAR PORCH	11149 SQ.FT
PAVILLION AREA	11080 SQ.FT
BARACADE	4181 SQ.FT
STAIRS	1431 SQ.FT
FRONT PORCH	489 SQ.FT
SECURITY CAMERA-1	384 SQ.FT
SECURITY CAMERA-2	125 SQ.FT
PLANT SCANDER TERRACE	872 SQ.FT
ASTRARIUM ALTERNATIVE	583 SQ.FT
TOTAL RESULT OF AREA	49831 SQ.FT
POOL TEMPLE	
TEMPLE	1566 SQ.FT

1. ALL DIMENSIONS ARE IN METER
2. CONTOUR GRID 5.00 m. X 5.00 m.
3. CONTOUR INTERVAL 0.5 m.



Key Structures

- Shashtra Ganga (Lecture Hall)
- Annadanam Kshetra (Dining Hall)
- Guruprasada (Student Hostel 1)
- Rishiprasada (Student Hostel 2)
- Saraswati (Acharya Residences)
- Prayag (Reception & Administration)
- Temple

Key Associates

- Nishit Mehta – Chief Architect
- Nitin Sahani – Structural Consultant
- Shrikant Devanhalli – MEP Consultant
- Barve Consultants – Project Management Team
- Shree Kripa Constructions – Contractor
- Ananta Waman Tembe – Liaison Officer
- Santosh Potdar – Legal Consultant

Highlights

- Construction of the Ashram began in October 2025.
- Three structures were taken up for construction simultaneously
 - Annadanam Kshetra (Dining Hall),
 - Rishiprasada (Student Hostel – 1),
 - Guruprasada (Student Hostel – 2).
- Foundation & Plinth work of the Annadanam and Rishiprasada has been completed.
- Guruprasada Plinth is work in progress
- Brickwork of Annadanam has begun
- Shastra Ganga (Lecture Hall) foundation work is expected to begin in October 2026 (post rains)



**Marking the individual structures on the land,
September 2025**



**Excavating and digging of land for laying foundation,
October to December 2025**



**Foundation laid for the three structures,
December 2025 to February 2026**



**Completed plinth &
pillars for the two
structures
(Annadanam Kshetra
and Guruprasada)
February to June 2026**



Plinth & Pillars for Rishiprasada and the brickwork for the Annadanam Kshetra is currently in progress

*The progress so far has been made possible with the
support of our key donors, well wishers and our
students*

*Your kind contribution goes a long way in
strengthening the cause of teaching Advaita Vedanta in
the traditional way*



Pujiya Swami Dayananda Saraswati

Only by giving you grow

*Our Vedic tradition recognizes that the **greatest contribution** one can make is the **gift of Vidya(knowledge)**, as that is the **only thing that grows by giving.***

Danam (giving & sharing) is a mark of growth. It is joy to shift from being a consumer to a contributor.

*Your contribution in our project will not only **keep this parampara alive for generations** to come; but also shower you with Ishvara's grace & blessings.*

We need your continued support
to make this ashram a reality.

Donate Now

For more information call Sunitha at **9820669402**

Om Tat Sat

